



LOVEDAY & CO



Eight Years at Loveday

Over the past eight years, Loveday has become far more than just a workplace for me. It has become a place where I feel genuinely aligned with the work I do.

What has shaped my experience here most profoundly is the culture and the people. Loveday is built on compassion and excellence in care, and those values are not just words, they are lived every day. Being part of a team that shares the same commitment to the highest standards has meant a great deal to me.

Professionally, Loveday has given me the space to grow. I have been given trust, responsibility and opportunities that have shaped me into the person I am today. Working here has reinforced just how powerful high-quality care can be and the profound difference it makes to the lives of families and those we look after. In many ways, Loveday feels like home.

To me, delivering exceptional clinical care means consistently providing safe, evidence based, highly tailored care that not only addresses a resident's immediate clinical needs but also supports their overall wellbeing, dignity and long-term health outcomes. Exceptional care always begins with listening. I make sure each resident feels heard, respected and actively involved in decisions about their health. By taking the time to understand their concerns and preferences, I can tailor care plans that are clinically sound and aligned with what matters most to them.

One moment that stands out from my time at Loveday was supporting a resident and their family during an emotional transition into care. What stayed with me most was the trust they placed in us to guide them with honesty and transparency. I took time to listen to their concerns, acknowledge their fears, and carefully explain the options available so they felt informed rather than pressured. Together, we created a plan that prioritised comfort, dignity, and the resident's wishes.

What motivates me each day is the knowledge that, for our residents and their families, the care we provide is not routine but deeply personal and meaningful. Even small acts - taking extra time to listen or anticipating a need before it is expressed, can have a lasting impact.

Looking back on my years at Loveday, what I am most proud of is the trust we build with our residents and their families. Nursing is about presence and truly understanding the individual I am caring for. Knowing that we have made someone feel safe, heard, and valued during vulnerable moments is what stays with me.

Warm regards,

Valentin Lepadatu

Senior Nurse Manager at Kensington

