

LOVEDAY®

Kensington

Activities and Events

WEEK COMMENCING 8th AUGUST 2022

Saatchi Gallery Excursion | Wednesday 10th August | 2.00pm



Monday 8th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.30am The mind session**
Exercise, movement and focus
- 2.30pm Jessica Cherag-Zade**
Loveday Choir, singing for the soul rehearsals
- 4.00pm Kensington High Street**
Pre-supper drinks and ice cream

Tuesday 9th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.30am Culinary Masterclass**
Making, baking and tasting with our talented Master Chefs
- 2.00pm Kensington Gardens**
Walk through the park looking at the flowers in full bloom
- 4.00pm Harry Kersley Performs**
Opera and the Classics

Wednesday 10th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.30am Music & movement**
Join Pernille for a fun and engaging session where you will move and flow to the beautiful music
- 2.00pm Saatchi Gallery Excursion**
The highly-anticipated exhibition - Vision & Virtuosity by Tiffany & Co
- 5.00pm Pimm's cocktails and music**
Relaxing on the terrace with an afternoon aperitif

Thursday 11th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.30am Tai Chi with Paul**
Gentle movements and meditative sounds
- 2.30pm Gigi Goustan visiting Makeup Artist**
Learn how to apply makeup for every occasion and skin type
- 4.00pm Loveday cinemas presents: The unforgettable Marlon Brando**
Documentary viewing and discussion

Friday 12th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.30am Gilbert and Sullivan reminiscence**
Exploring the works of the founders of British comic Opera
- 1.00pm Holland Park Opera House visits Loveday for Lunchtime Music**
A prelude to our up-and-coming series of workshops with the Opera House in the Autumn, the songs of Gilbert and Sullivan
- 2.30pm Karaoke cupcake**
Let's get warmed up so we can hit the high notes (enjoyed with delicious cream cakes!)

Saturday 13th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.30am Kahoots!**
Test your knowledge with trivia through an innovative game-learning platform
- 2.30pm Loveday Picture Book Project: Illustration & Writing**
A continuation of our Picture Book Project
- 5.00pm Light Piano Music & Supper**

Sunday 14th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.30am Outing to Hammersmith Riverside**
Take a refreshing stroll by the riverside and lunch
- 4.00pm Sonnets by William Shakespeare**
A reading by Alex
- 5.00pm Mind & Memory**
Scrabble and crosswords

“Every great dream begins with a dreamer.”

HARRIET TUBMAN

Our programme is comprised of highly innovative, evidence-based activities, following five components that ensure every day is lived well.

Sense & Sensory

Stimulate the mind, memory and the senses with activities.

Mind & Memory

New learning incorporating the latest technology and expert tuition.

Arts & Culture

Singing, music and art making have been proven to improve mood and behaviour.

Eldergym

Improve confidence, strengthen bones, muscles and the heart.

Culinary Masters

Our award-winning Chefs lead interactive classes and demonstrations.

