

LOVEDAY®

Abbey Road

Activities and Events

WEEK COMMENCING 19th SEPTEMBER 2022

Cupcake Making Masterclass | Wednesday 21st September | 2.00pm



Monday 19th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.00am Monday movement class**
Join Pernille for a fun and engaging exercise session
- 1.00pm Wigmore Hall Live**
Elisabeth Leonskaja performing Beethoven and Mozart
- 3.00pm Loveday discusses...**
A look at Salvador Dali. Salvador was a Spanish surrealist artist renowned for his technical skill, precise draftsmanship, and the striking and bizarre images in his work
- 4.30pm Art with Claude**
Having looked at the works of Dali we will work with clay to try and create our own masterpiece
- 7.30pm Wigmore Hall Live**
Elisabeth Brauss performing Beethoven, Brahms, Hindemith and Schumann

Thursday 22nd

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.15am Music & movement**
Join Pernille in the ground floor lounge area for a movement class set to great music
- 2.00pm Thursday think club**
A Q&A session on fundraising in our community, who would we like to invite?
- 3.00pm Art with Grace**
Join Grace in the 2nd floor lounge area to explore mixed-media techniques in creating nature inspired imagery
- 4.30pm Pre-supper stroll**
A light walk around the beautiful surroundings of Abbey Road

Friday 23rd

- 10.00am Newspaper Front Pages**
- 10.30am Macmillan coffee morning**
A full morning of fun. We will be inviting family & friends from the local community to join us for our fund raising event in aid of Macmillan cancer research. Plenty of tea, coffee & amazing cakes, garden games and live music in our beautiful walled garden (weather permitting)
- 2.00pm Wigmore Hall presents...**
Sabine Meyer clarinet; Alliage Quintett
- 2.00pm Beauty session in the salon**
Manicures & pedicures available 2.15-4.15pm in our wonderful salon. Book your appointment with our concierge
- 4.30pm Pick'n'mix & popcorn**
A quick trip to the Loveday sweet shop for a bag of goodies for the weekend
- 7.00pm Friday night flicks**
The Graduate, this 1967 classic starring Dustin Hoffman. Showing in the ground floor lounge area. Pick and mix at the ready!

Tuesday 20th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.15am Intergenerational day**
The children of our local school will be joining us to work with water colours in the garden (weather permitting)
- 2.00pm Anyone for tennis?**
Join our team for some outdoor (weather permitting) or indoor balloon tennis, great exercise and fabulous fun!
- 3.30pm Light poetry**
Sharing light/comedic poetry
- 5.00pm Pre-supper drinks**
A gathering of Loveday friends in our ground floor lounge area for pre-supper drinks and a chat

Saturday 24th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.30am UFO?**
Share your views on UFO's, do you think there is life out there somewhere?
- 2.30pm Saturday Afternoon Movie**
'Close encounters of the third kind' a 1977 American science fiction film written and directed by Steven Spielberg, starring Richard Dreyfuss
- 4.30pm An afternoon of opera**
Harry Kersley will delight you with his opera singing

Wednesday 21st

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.15am A walk of discovery**
Join me for a little walk around our area to search out Houses with Blue plaques, who lived there and what did they do??
- 2.00pm Culinary Masterclass**
Join us in the dining room area for a cupcake making masterclass
- 3.00pm Did somebody mention cake?**
Now our cakes are baked we can adorn with colourful buttercreams and special sprinkles. Art that's edible
- 4.00pm Pre-supper music and dance**
Paul Kissaun will be performing a diverse selection of tunes to sing & dance to

Sunday 25th

- 10.30am Newspaper front pages**
All the newspaper front pages from UK and around the world
- 11.00am Sunday crossword**
Test your knowledge with our weekend crossword
- 2.00pm Ceramic Art**
Join us in the private dining area for ceramic plate decorating
- 4.30pm Loveday reflection**
A look back over the week we've had together, what have been our highlights?

“I can't change the direction of the wind,
but I can adjust my sails to always reach
my destination.”

JIMMY DEAN

Our programme is comprised of highly innovative, evidence-based activities, following five components that ensure every day is lived well.

Sense & Sensory

Stimulate the mind, memory and the senses with activities.

Mind & Memory

New learning incorporating the latest technology and expert tuition.

Arts & Culture

Singing, music and art making have been proven to improve mood and behaviour.

Eldergym

Improve confidence, strengthen bones, muscles and the heart.

Culinary Masters

Our award-winning Chefs lead interactive classes and demonstrations.

